



Driving Simulator

DRIVING PROGRAM

Are you concerned about losing your independence or your ability to drive safely? Do you have a loved one that you are worried might not be safe on the road?

Our driving program is designed to assess for road readiness, identify risks and train qualifying individuals for returning to driving. Not everyone is a good candidate for the driving program. The standards set by the State for visual acuity and visual field have to be met in order to drive on the road.



BITA Bioptic System

SUPPORT GROUPS

Support Groups usually meet every second Friday of the month from 10:30 a.m. until 12 p.m. in the Cizik Eye Clinic Conference Room on the 19th Floor of Memorial Hermann Medical Plaza.

Please refer to our low vision website under **Education and Resources** for specific details on support group topics and date/time as they are subject to change.

RSVP to lowvision@cizikeye.org.

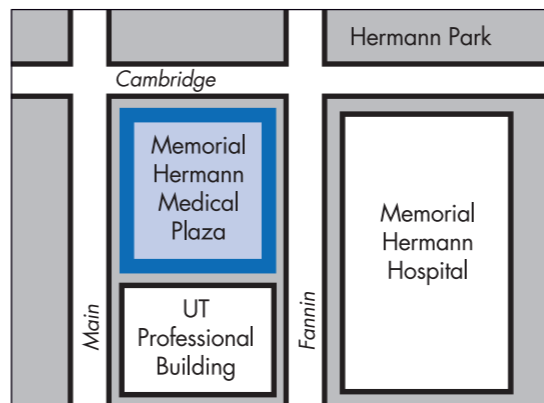


LOCATION

We are located in the Texas Medical Center in Houston, on the 19th floor of the Memorial Hermann Medical Plaza, 6400 Fannin Street. Check-in is on the 18th floor.

PARKING

Memorial Hermann Medical Plaza Garage, with entrances on Fannin or Main



MAKING AN APPOINTMENT

Phone: 713-559-5269

Fax: 713-559-5292

Email: lowvision@cizikeye.org

Website: www.cizikeye.org/low-vision-visual-rehabilitation/

DAN ARNOLD CENTER FOR VISION REHABILITATION

713 559 5269





Are you one of the thousands of people with low vision as a result of macular degeneration, glaucoma, diabetes or another cause?

Would you like to know how to stay active at home and in your community despite your vision loss?

Dan Arnold Center for Vision Rehabilitation is here to help. Our center is dedicated to ensuring that you:

- Continue your daily activities
- Maximize your independence
- Maintain your quality of life

LOW VISION EXAMINATION (1.5 - 2 HOURS)

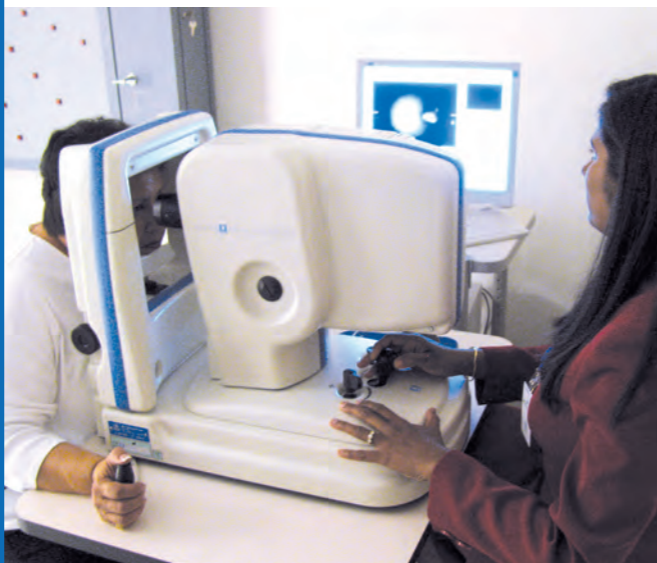
Our doctors and staff strive to provide each patient with state of the art technology and latest vision rehabilitation strategies. A low vision examination is unlike other eye exams you may have had in the past.

A detailed assessment of your functional vision at various distances and tasks is completed and realistic goals established.

A detailed map of your remaining vision is developed which guides our doctors and therapists.

You'll learn about the disease causing your vision loss and what you can do to minimize further risk. Also, the impact of vision loss, including depression, is discussed.

Tools and training techniques that are essential in helping you will be determined and a summary report will be sent to your eye doctor.



OCCUPATIONAL THERAPY SERVICES

Our expert Occupational Therapists work with you in the Center and at your home to enable you to do the most with your remaining vision. Training may include:

- Reading
- Use of adaptive equipment
- Scotoma training - finding the area of your vision that will allow you to see the best
- Stroke/Hemianopia training
- Cooking and other activities of daily living
- Lighting and contrast assessments and recommendations
- Glare management
- Leisure, recreational and community activities
- Falls risk assessment

Reading Training



Hemianopia Training

ORIENTATION AND MOBILITY SERVICES

Orientation and Mobility (O and M) specialists are uniquely trained to help you with independent mobility: walking, stepping off curbs, stairs, learning to safely cross streets, use a blind cane, take the bus/train, mobility in a crowded environment, etc.

