1. **Activities of Daily Living**

**Includes: bathing, toileting, dressing, feeding/eating, grooming/hygiene, mobility, personal device care, and sexual activity.**

National Federation of the Blind (Information, Advocacy, Training)

<https://www.nfb.org/>

200 East Wells Street at Jernigan Place
Baltimore, MD 21230

Phone: 410-659-9314
Email: nfb@nfb.org

[nfbtx.org](https://www.nfbtx.org/)

[twitter.com/NFBTX](https://twitter.com/NFBTX)

Freedom Scientific (Devices, Products)

<https://www.freedomscientific.com/>

### Phone: (800) 444-4443 or (727) 803-8000

Hadley (Information, Advocacy, Training)

<https://www.hadley.edu/>

700 Elm Street
Winnetka, IL 60093-2554 USA

Phone: 847-446-8111 or Toll Free: 800-323-4238

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

Physical Therapy (Information, Training)

<https://www.apta.org/>

<https://www.tpta.org/>

Orientation and Mobility Services (O&M) (Blind Cane Training)

<https://www.acvrep.org/verify>

MaxiAids (Products, Devices)

<http://www.maxiaids.com/>

42 Executive Blvd.
Farmingdale, NY 11735 USA

sales@maxiaids.com

Phone: 1-800-522-6294 - (To Order)

Independent Living Aids (Products, Devices)

<https://www.independentliving.com/>

independent living aids
137 Rano St
Buffalo, NY 14207

Phone: Toll-Free (800) 537-2118 or 855.SHOPILA (855-746-7452)

LS&S (Products, Devices)

<https://www.lssproducts.com/>

Phone: 1-800-468-4789

Email: lssinfo@lssproducts.com

Blind Skills (Information)

<http://blindskills.com/>

Blindskills, Inc.

P.O. Box 5181

Salem, OR 97304-0181
Phone: toll-free 800-860-4224 or 503-581-4224
Email: [info@blindskills.com](http://blindskills.com/mailto%3Ainfo%40blindskills.com)

EARS for Eyes (Information)

<http://www.earsforeyes.info/>

Phone: 1-800-843-6816

ORCAM (Devices)

<https://www.orcam.com/en/>

1115 Broadway, 11th floor
New York, NY 10010

Phone: Toll Free - 1-800-713-3741

Nu Eyes (Devices)

<https://nueyes.com/>

120 Newport Center Dr. Suite #232

Newport Beach CA 92660

**Phone:**800-605-4033

**E-mail:**info@nueyes.com

Second Sight (Devices)

<https://secondsight.com/>

12744 San Fernando Road Suite 400

Sylmar, CA 91342 USA

Tel: +1 (818) 833-5000 F

Lighthouse (Information, Advocacy, Training, Devices, Products)

<https://www.houstonlighthouse.org/>

The Lighthouse of Houston
3602 West Dallas
Houston, Texas 77019
Phone: 713-527-9561

CN Vision Image Consulting (Training)

<http://cnvisionimage.com/>

**Phone:** 713.553.7041

**E-Mail:** chelseawin@cnvisionimage.com OR chelseawin814@gmail.com

1. **Instrumental Activities of Daily Living**

**Includes: care of others/pets, communication management (including technology), financial management, health management, home management, meal preparation, religious and spiritual activities, emergency management, and shopping.**

National Federation of the Blind (Information, Advocacy, Training)

<https://www.nfb.org/>

200 East Wells Street at Jernigan Place
Baltimore, MD 21230

Phone: 410-659-9314
Email: nfb@nfb.org

[nfbtx.org](https://www.nfbtx.org/)

[twitter.com/NFBTX](https://twitter.com/NFBTX)

AIRA (App for devices-Object ID, Reading)

<https://aira.io/>

4225 Executive Sq. Suite 400
La Jolla, CA 92037

Phone: 1-800-835-1934

Email: support@aira.io

Be My Eyes (App for devices-Object ID, Reading)

<https://www.bemyeyes.com/>

Seeing AI (App for devices-Object ID, Reading)

<https://www.microsoft.com/en-us/ai/seeing-ai>

Blind in Mind (Products, Devices)

<https://blindinmind.com/>

Phone: 1-800-213-4567

Email: Info@BlindInMind.com

Speak to Me (Products, Devices)

<http://www.speaktomecatalog.com/>

PMB 154

330 SW 43rd St. Suite K

Renton, WA 98057

Orders: 800-248-9965 option 2
Customer Service: 800-248-9965 option 4
Email:**customer.service@speaktomecatalog.com**

Freedom Scientific (Devices, Products)

<https://www.freedomscientific.com/>

### Phone: (800) 444-4443 or (727) 803-8000

Guide Dogs of America (Guide Dogs)

<https://www.guidedogsofamerica.org/>
**13445 Glenoaks Boulevard**
**Sylmar, CA 91342**

Phone: (818) 362-5834 or (800) 459-4843
Email: mail@guidedogsofamerica.org

Guide Dogs of Texas (Guide Dogs)

<https://guidedogsoftexas.org/>

1503 Allena Drive

San Antonio, TX 78213

Phone:(210)-366-4081

Email: outreach@guidedogsoftexas.org

SE Guide Dogs (Guide Dogs)

<https://www.guidedogs.org/>

210 77th Street East
Palmetto, FL 34221
Phone: 941-729-5665 or 800-944-3647 (Toll Free)

Hadley (Information, Advocacy, Training)

<https://www.hadley.edu/>

700 Elm Street
Winnetka, IL 60093-2554 USA

Phone: 847-446-8111 or Toll Free: 800-323-4238

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

Physical Therapy (Information, Training)

<https://www.apta.org/>

<https://www.tpta.org/>

Orientation and Mobility Services (O&M) (Blind Cane Training)

<https://www.acvrep.org/verify>

LS&S (Products, Devices)

<https://www.lssproducts.com/>

Phone: 1-800-468-4789

Email: lssinfo@lssproducts.com

MaxiAids (Products, Devices)

<http://www.maxiaids.com/>

42 Executive Blvd.
Farmingdale, NY 11735 USA

Phone: 1-800-522-6294

Email: sales@maxiaids.com

Independent Living Skills (Products, Devices)

<https://www.independentliving.com/>

137 Rano St
Buffalo, NY 14207

Phone: Toll-Free Sales: (800) 537-2118 or 855.SHOPILA (855-746-7452)

Vispero (Devices)

<https://vispero.com/>

17757 US Hwy 19 N, Suite 560

Clearwater, FL 33764

Phone: 727-803-8000

Email: info@vispero.com

HIMS (Devices)

<https://www.hims-inc.com/>

4616 W Howard Lane, Suite 960

Austin, TX 78728

Phone: 888-520-4467

GreatCall (Safety)

<https://www.greatcall.com/>

Phone: 1-800-918-8543

Life Alert (Safety)

<http://www.lifealert.org/>

Phone: 1-800-360-0329

Blind Skills (Information)

<http://blindskills.com/>

P.O. Box 5181

Salem, OR 97304-0181
Phone: toll-free 800-860-4224 or 503-581-4224
Email: [info@blindskills.com](http://blindskills.com/mailto%3Ainfo%40blindskills.com)

EARS for Eyes (Information)

<http://www.earsforeyes.info/>

Phone: 1-800-843-6816

Tell Me (App for Devices)

Text to Speech app for Android

AppleVis (Technology)

<https://applevis.com/>

CosAbility (Leisure)

<http://www.cosability.com/>

Brett Passmore
9659 N. Sam Houston Pkwy E, Suite 150/233
Humble, TX 77396

**Phone:**281-932-7057
**Email:** info@cosability.com

Eye Can Alliance (Fitness)

<https://eyecanalliance.org/>

Association of Blind Citizens (Assistance)

<https://blindcitizens.org/>

PO Box 246

Holbrook, MA 02343

Phone: (781) 961-1023

Email: president@blindcitizens.org

Give Tech (Technology)

<http://givetech.org/information/>
548 Market St #89706
San Francisco, CA 94104

Phone: 415-750-2570

Humanware (Devices)

<http://www.humanware.com/en-usa/home>

Info@humanware.com

Phone: 1-800-722-3393

Nu Eyes (Devices)

<https://nueyes.com/>

120 Newport Center Dr. Suite #232

Newport Beach CA 92660

**Phone:**800-605-4033

**E-mail:**info@nueyes.com

ORCAM (Devices)

<https://www.orcam.com/en/>

1115 Broadway, 11th floor
New York, NY 10010

Toll Free - 1-800-713-3741

Second Sight (Devices)

<https://secondsight.com/>

12744 San Fernando Rd, Building 4

Sylmar, CA 91342

Phone: 1-818-833-5060 or 1-818-833-5000

Email: service@secondsight.com

GoGoGrandparent (Transportation)

<https://gogograndparent.com/>

Phone: 1-800-464-6872

Email: support@gogograndparent.com

Independent Living Centers (Assistance, Information, Training)

### https://hcil.cc/Brazoria County Center for Independent Living

1104-D East Mulberry
Angleton, Texas 77515
Phone: (979) 849-7060
bccil@neosoft.com

### Houston Center for Independent Living

6201 Bonhomme Road, Suite 150 South
Houston, Texas 77036
Phone: (713) 974-4621 OR Toll-Free: 1-877-877-7082
hcil@neosoft.com

### Fort Bend Center for Independent Living

12946 Dairy Ashford Road, Suite 110
Sugar Land, Texas 77478
Phone: (281) 980-2219
fbcil@neosoft.com

Christal Vision (Devices)

<http://www.christal-vision.com/>

106 Evans Oak Ln.
San Antonio, TX 78260

Phone: (210) 666-0700 or (800) 299-0700 (Toll Free)

Email: ed@satx.rr.com

911 profile (Safety)

<https://www.911.org/>

<https://da.911.org/Account/Terms>

Phone: 832-237-9911

Email: Infor@911.org

State of Texas Emergency Assistance Registry (STEAR) (Safety)

<https://tdem.texas.gov/stear/>

Phone: 211

Phone: 877-541-7905

Community Emergency Response Team (CERT) (Safety)

<https://www.houstoncert.org/>

<https://www.ready.gov/cert>

Metro Services (Transportation)

<https://www.ridemetro.org/Pages/index.aspx>

1900 Main St.
Houston, Texas 77002

Phone: 713-635-4000

METROLift: 713-225-0119

Mega Bus (Transportation)

<https://us.megabus.com/>

1-877-GO2-MEGA (1-877-462-6342)

Lighthouse (Information, Advocacy, Training, Devices, Products)

<https://www.houstonlighthouse.org/>

The Lighthouse of Houston
3602 West Dallas
Houston, Texas 77019
Phone: 713-527-9561

UH Center for Sight Enhancement (Information, Devices, Examinations)

<https://www.opt.uh.edu/patient-care/uei/our-services/low-vision/>

### 4901 Calhoun Rd Houston, Texas 77204

**Phone: (713) 743-0799**

Dan Arnold Center for Vision Rehabilitation (Information, Devices, Examinations, Training)

<http://www.cizikeye.org/low-vision-visual-rehabilitation/>

6400 Fannin, Mail Stop 18th floor, Suite 1950

Houston, TX 77030

Phone: (713) 559-5269

Food Banks (Assistance)

<https://www.houstonfoodbank.org/>

<https://www.covenanthouse.org/>

<https://www.needhelppayingbills.com/html/houston_food_banks_and_pantrie.html>

<https://www.feedingamerica.org/find-your-local-foodbank>

SmartCare (Pharmacy, Home Care)

2100 West Loop S # 800

Houston, TX 77027

Phone: 713-322-0332

Email: info@SmartCareHouston.com

Tech for Vision Loss classes (Technology)

Phone: 832-821-5040

Email: techforvisionloss@gmail.com

Harris C. RIDES (Transportation)

<https://rides.harriscountytx.gov/pages/default.aspx>

**8410 Lantern Point Drive
Houston, Texas 77054
Phone: 713-368-RIDE (7433)**

Strowmatt Driving Rehabilitation (Transportation)

<https://www.driverrehabservices.com/>

10690 Shadow Wood Drive, Suite 113

Houston, TX 77043

Phone: (713) 722-0667 or toll free 866-394-5920

1. **Rest/Sleep**

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

Vanda (Medication, Information)

<https://www.non-24.com/about-vanda.php>

Phone: 1-855-856-2424

1. **Education**

National Federation of the Blind (Information, Advocacy, Training)

<https://www.nfb.org/>

200 East Wells Street at Jernigan Place
Baltimore, MD 21230

Phone: 410-659-9314
Email: nfb@nfb.org

[nfbtx.org](https://www.nfbtx.org/)

[twitter.com/NFBTX](https://twitter.com/NFBTX)

American Council of the Blind (Information, Advocacy)

<https://www.acb.org/>

1703 N Beauregard St, Suite 420
Alexandria, VA 22311
Phone: 202-467-5081 OR 800-424-8666

<http://www.acbtexas.org/>

Foundation Fighting Blindness (Information, Advocacy)

<https://www.fightingblindness.org/>

<https://www.fightingblindness.org/chapters/houston-chapter>

Email: Houston@fightingblindness.org

American Foundation of the Blind (Information, Advocacy)

<https://www.afb.org/>

1401 South Clark Street, Suite 730
Arlington, VA 22202
Phone: 212-502-7600

American Association of People with Disabilities (Information, Advocacy)

<https://www.aapd.com/>

2013 H Street, NW, 5th Floor

Washington, DC 20006

Phone: 800-840-8844

AIRA (App for devices-Object ID, Reading)

<https://aira.io/>

4225 Executive Sq. Suite 400
La Jolla, CA 92037

Phone: 1-800-835-1934

Email: support@aira.io

Be My Eyes (App for devices-Object ID, Reading)

<https://www.bemyeyes.com/>

Seeing AI (App for devices-Object ID, Reading)

<https://www.microsoft.com/en-us/ai/seeing-ai>

Harris Co. (Safety)

<https://www.harriscountytx.gov/>

211 (Safety)

<http://www.211.org/>

<https://www.211texas.org/>

<https://www.unitedwayhouston.org/work/211/>

San Jacinto College (Accessibility)

<https://www.sanjac.edu/accessibility>

<https://www.sanjac.edu/student-services/student-concerns/student-handbook/disability-services>

TAMU disability services (Accessibility)

<https://disability.tamu.edu/>

Perkins School for the Blind (Information)

<https://www.perkins.org/>

Vision Aware (Information)

<https://www.visionaware.org/>

The Association for Education and Rehabilitation of the Blind and Visually Impaired (AER) (Information)

<https://aerbvi.org/>

Hadley (Information, Advocacy, Training)

<https://www.hadley.edu/>

700 Elm Street
Winnetka, IL 60093-2554 USA

Phone: 847-446-8111 or Toll Free: 800-323-4238

American Printing House (Information, Products, Devices)

<https://www.aph.org/>

Helen Keller Services for the Blind (Information)

<https://www.helenkeller.org/>

Learning Ally (Reading)

<https://learningally.org/>

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

Non-Visual Desktop Access (NVDA) (Technology)

<https://www.nvaccess.org/>

Area Agency on Aging (Information)

<https://hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/area-agencies-aging-aaa>

Prevent Blindness (Information, Advocacy)

<https://www.preventblindness.org/>

<https://texas.preventblindness.org/contact-us-5>

Southeast Texas Regional Office

2202 Waugh Drive
Houston, Texas 77006
Phone: (713) 526-2559

My Service Dog and Me (Guide Dogs)

<http://myservicedogandme.com/online-learning/>

Email: servicedogs@mydogandmellc.com

Texas State School for the Blind and Visually Impaired (Information, Training)

<https://www.tsbvi.edu/>

Criss Cole Rehabilitation Services (Information, Training)

<https://www.twc.texas.gov/jobseekers/criss-cole-rehabilitation-center>

Lighthouse (Information, Advocacy, Training, Devices, Products)

<https://www.houstonlighthouse.org/>

The Lighthouse of Houston
3602 West Dallas
Houston, Texas 77019
Phone: 713-527-9561

Region IV Services (ISD appropriate) (Information, Training)

<https://www.esc4.net/>

Texas Parents of Blind Children (Information, Support)

<http://www.tpobc.org/>

Texas Association of Parents of Children with Visual Impairments (TAPVI) (Information, Support)

<http://www.tapvi.org/>

NW Hills Eye Care (Devices, Examinations, Training)

<https://www.nwhillseyecare.com/>

Texas Technology Access Program (Technology)

<http://techaccess.edb.utexas.edu/>

School District services (Information, Training)

<https://tea.texas.gov/academics/special-student-populations/special-education/programs-and-services/sensory-impairments>

<https://www.esc4.net/specialeducation/region-4-regional-day-school-program-for-the-deaf-rdspd/sensory-team-services>

<https://www.houstonisd.org/Page/58432>

Partners Resource Network (Support-Children)

<https://prntexas.org/>

1090 Longfellow Drive
Beaumont, TX 77706
Phone: (409) 898-4684

Harris Co. (Safety)

<https://www.harriscountytx.gov/>

211 (Safety)

<http://www.211.org/>

<https://www.211texas.org/>

<https://www.unitedwayhouston.org/work/211/>

San Jacinto (Accessibility)

<https://www.sanjac.edu/accessibility>

<https://www.sanjac.edu/student-services/student-concerns/student-handbook/disability-services>

TAMU disability services (Accessibility)

<https://disability.tamu.edu/>

UH Center for Sight Enhancement (Information, Devices, Examinations)

<https://www.opt.uh.edu/patient-care/uei/our-services/low-vision/>

### 4901 Calhoun Rd Houston, Texas 77204

**Phone: (713) 743-0799**

Dan Arnold Center for Vision Rehabilitation (Information, Devices, Examinations)

<http://www.cizikeye.org/low-vision-visual-rehabilitation/>

6400 Fannin, MAIL STOP 18th floor, Suite 1950

Houston, TX 77030

Phone: (713) 559-5269

Cizik Eye Clinic (Information, Examinations)

<http://www.cizikeye.org/>

6400 Fannin St, 18th Floor

Houston, TX 77030

Phone: (713) 559-5200

Email: info@cizikeye.org

Houston Eye Associates (Information, Examinations)

<https://www.houstoneye.com/>

Phone: (713) 688-6828

Houston Public Library (Reading)

<https://houstonlibrary.org/>

500 McKinney St.

Houston, TX 77002

Phone: (832) 393-1313

VAST Academy (Accessibility)

<https://www.hccs.edu/continuing-education/departments/hcc-vast-academy/>

1301 Alabama 101b

Houston, TX 77004

Houston Museum of Fine Arts Art Beyond Sight Program (Accessibility)

<https://www.mfah.org/calendar/art-beyond-sight>

Beck Building

5601 Main St

Houston, TX 77005

Phone: (713) 639-7323

Email: tours@mfah.org

Houston Museum of Natural Science Touch Tours Program (Accessibility)

<http://www.hmns.org/visit/accessibility/blind-and-low-vision/>

5555 Hermann Park Drive

Houston, TX 77030

Phone: (713) 639-4620

Email: accessprogramming@hmns.org

RGA Tech Solutions (Technology)

Phone: 832-639-4477

Email: training@rgats.com

1. **Employment/Volunteering**

Equal Employment Opportunity Commission (Employment)

<https://www.eeoc.gov/>

Houston District Office

Mickey Leland Building

1919 Smith Street, 6th Floor

Houston, TX 77002

Phone: 1-800-669-4000

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

AIRA (App for devices-Object ID, Reading)

<https://aira.io/>

4225 Executive Sq. Suite 400
La Jolla, CA 92037

Phone: 1-800-835-1934

Email: support@aira.io

Be My Eyes (App for devices-Object ID, Reading)

<https://www.bemyeyes.com/>

Seeing AI (App for devices-Object ID, Reading)

<https://www.microsoft.com/en-us/ai/seeing-ai>

ORCAM (Devices)

<https://www.orcam.com/en/>

1115 Broadway, 11th floor
New York, NY 10010

Phone: Toll Free - 1-800-713-3741

Nu Eyes (Devices)

<https://nueyes.com/>

120 Newport Center Dr. Suite #232

Newport Beach CA 92660

**Phone:**800-605-4033

**E-mail:**info@nueyes.com

Second Sight (Devices)

<https://secondsight.com/>

12744 San Fernando Road, Suite 400

Sylmar, CA 91342 USA

Phone: +1 (818) 833-5000

Non-Visual Desktop Access (NVDA) (Technology)

<https://www.nvaccess.org/>

VISOR/VA (Training, Devices, Examination-Veterans)

<https://www.houston.va.gov/services/VISOR.asp>

Michael E. DeBakey VA Medical Center

Building 108

Phone: 713-794-7532

Disability Rights (Accessibility)

<https://www.disabilityrightstx.org/en/home/>

Phone: 1-800-252-9108

Texas Workforce Commission (Information, Training, Devices, Employment)

<https://www.twc.texas.gov/>

Phone: 1-800-628-5115

Email: customers@twc.state.tx.us

Lighthouse (Information, Advocacy, Training, Devices, Products)

<https://www.houstonlighthouse.org/>

The Lighthouse of Houston
3602 West Dallas
Houston, Texas 77019
Phone: 713-527-9561

Work Quest (Employment)

<https://workquest.com/>

1011 East 53 1/2 Street
Austin, TX 78751
**Phone:** 512-451-8145
**E-mail:**information@workquesttx.com

Blind Professionals Network (Employment, Support)

[www.facebook.com/blindpronet](http://www.facebook.com/blindpronet)
Contact Victoria Hillard

Phone: (800) 699-8238

Email: info@BlindProNet.org

Mayor’s Office for People with Disabilities (Accessibility)

<https://www.houstontx.gov/disabilities/>

Meets: Metropolitan Multi-Service Center

1475 West Gray, Houston, TX, 77019 4:00 P.M – 6:00 P.M. 2nd Thursday

Email: mopdmail@houstontx.gov

**Phone: 832-394-0814**

Houston Commission on Disabilities (Accessibility)

<https://www.houstontx.gov/disabilities/commission.html>

Independent Living/Older Individuals that are Blind (Training, Information, Devices)

### https://hcil.cc/Brazoria County Center for Independent Living

1104-D East Mulberry
Angleton, Texas 77515
Phone: (979) 849-7060
bccil@neosoft.com

### Houston Center for Independent Living

6201 Bonhomme Road, Suite 150 South
Houston, Texas 77036
Phone: (713) 974-4621 OR Toll-Free: 1-877-877-7082
hcil@neosoft.com

### Fort Bend Center for Independent Living

12946 Dairy Ashford Road, Suite 110
Sugar Land, Texas 77478
Phone: (281) 980-2219
fbcil@neosoft.com

CN Image Consulting (Training)

<http://cnvisionimage.com/>

**Phone:** 713-553-7041

**E-Mail:** chelseawin@cnvisionimage.com OR chelseawin814@gmail.com

1. **Play and Leisure**

National Federation of the Blind (Information, Advocacy, Training)

<https://www.nfb.org/>

200 East Wells Street at Jernigan Place
Baltimore, MD 21230

Phone: 410-659-9314
Email: nfb@nfb.org

[nfbtx.org](https://www.nfbtx.org/)

[twitter.com/NFBTX](https://twitter.com/NFBTX)

Blind Audio Description Project (Accessibility)

<http://www.acb.org/adp/>

Lions Club (Assistance)

<https://www.lionsclubs.org/en>

300 22nd St

Oak Brook, IL 60523-8842

Phone: 630-571-5466

<https://www.lionsclubs.org/en/start-our-approach/club-locator>

National Library Service/ BARD/ Talking Books Program (Reading)

<https://www.loc.gov/nls/>

BARD: 1-888-657-7323

Email: nls@loc.gov

<https://www.tsl.texas.gov/tbp/index.html>

Physical address: 1201 Brazos St., Austin, TX 78701
Mailing address: P.O. Box 12927, Austin, TX 78711-2927
Phone: (512) 463-5455
Email: info@tsl.texas.gov

The Blind Life (YouTube) (Information, Advocacy)

<https://www.youtube.com/channel/UCNbzN3eHbLKPzltSB560DkA/videos>

Email: TheBlindLifeSam@gmail.com

Learning Ally (Reading)

<https://learningally.org/>

Hadley (Information, Advocacy, Training)

<https://www.hadley.edu/>

700 Elm Street
Winnetka, IL 60093-2554 USA

Phone: 847-446-8111 or Toll Free: 800-323-4238

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

National Braille Press (Reading)

<https://www.nbp.org/>

88 St. Stephen Street

Boston, MA 02115

Phone: 617-266-6160 OR Toll Free: 888-965-8965

Email: contact@nbp.org

Braille Authority (Reading)

<http://www.brailleauthority.org/>

Phone: 202-707-3001
Email: chair@brailleauthority.org

MaxiAids (Products, Devices)

<http://www.maxiaids.com/>

42 Executive Blvd.
Farmingdale, NY 11735 USA

Phone: 1-800-522-6294 - (To Order)

Email: sales@maxiaids.com

Independent Living Aids (Products, Devices)

<https://www.independentliving.com/>

137 Rano St
Buffalo, NY 14207

Phone: Toll-Free Sales: (800) 537-2118 or 855.SHOPILA (855-746-7452)

LS&S (Products, Devices)

<https://www.lssproducts.com/>

Phone: 1-800-468-4789

Email: lssinfo@lssproducts.com

Vispero (Devices)

<https://vispero.com/>

17757 US Hwy 19 N, Suite 560

Clearwater, FL 33764

Phone: 727-803-8000

Email: info@vispero.com

HIMS (Devices)

<https://www.hims-inc.com/>

4616 W Howard Lane, Suite 960

Austin, TX 78728

Phone: 888-520-4467

Amazon-Lighting, thermostats, smart speakers, etc. (Products, Devices)

<https://www.amazon.com/>

Achilles International (Fitness)

<https://www.achillesinternational.org/who-we-are>

### Houston

Contact: Sagrario Baca
Telephone: 281-796-4883
Email: sag@achilleshouston.org

ARES Amateur Ham Radio (Leisure)

<http://www.arrl.org/ares>

225 Main St

Newington, CT 06111-1400

Phone: (860) 594-0200 or Toll Free 888-277-5289hq@arrl.org

Bookshare (Reading)

<https://www.bookshare.org/cms/>

Newsline (Reading)

<https://www.nfb.org/programs-services/nfb-newsline>

Phone: 866-504-7300

Braille Bibles (Reading)

<http://www.braillebibles.org/>

1908 Plumbers Way Ste 100
Post Office Box 378
Liberty, MO 64069-0378

Phone: (800) 522-4253

**Email:** info@BrailleBibles.org

Blind Mice Mart (Products, Devices)

<https://www.blindmicemegamall.com/bmm/shop/Directory_Departments?storeid=82333>

Phone: 713-893-7277

Described Movies (Accessibility)

<https://archive.org/details/moviesfortheblind>

Disney + (Accessibility)

<https://www.disneyplus.com/welcome?cid=DSS-Search-Bing-71700000058722563&s_kwcid=AL!%208468!10!79714710913287!79714951915574&msclkid=67f2fe30e00e1663c10ba0955776893d&gclid=CL38r5jChukCFe-AxQIdJBUJ2w&gclsrc=ds>

Kiwanis (Assistance)

<https://www.kiwanis.org/>

Humanware (Devices)

<http://www.humanware.com/en-usa/home>

Info@humanware.com

Phone: 1-800-722-3393

Nu Eyes (Devices)

<https://nueyes.com/>

120 Newport Center Dr. Suite #232

Newport Beach CA 92660

**Phone:**800-605-4033

**E-mail:**info@nueyes.com

ORCAM (Devices)

<https://www.orcam.com/en/>

1115 Broadway, 11th floor
New York, NY 10010

Phone: Toll Free - 1-800-713-3741

Limelighter (App for Devices, Read Music)

<http://www.dancingdots.com/limelighter/limelightermain.htm>

Music Zoom (App for Devices, Read Music)

<http://musiczoomapp.com/Music_Zoom/Home.html>

Magnipy (App for Devices, Read Music)

<http://www.makersbox.us/2013/10/magnipy-low-vision-music-reader.html>

<https://www.youtube.com/watch?v=4tvPX4ocKLg>

AIRA (App for devices-Object ID, Reading)

<https://aira.io/>

4225 Executive Sq. Suite 400
La Jolla, CA 92037

Phone: 1-800-835-1934

Email: support@aira.io

Be My Eyes (App for devices-Object ID, Reading)

<https://www.bemyeyes.com/>

Seeing AI (App for devices-Object ID, Reading)

<https://www.microsoft.com/en-us/ai/seeing-ai>

Blind Golf Association (Fitness)

<https://www.usblindgolf.com/>

Email: info@usblindgolf.com

Sight Savers of America (Assistance, Devices-Children)

<https://sightsaversamerica.org/>
337 Business Circle
Pelham, Alabama 35124

Phone: 877-942-2627
Email: info@sightsaversamerica.org

Easter Seals (Devices, Information, Support)

<https://www.easterseals.com/>

141 W. Jackson Blvd, Suite 1400A

Chicago, IL 60604

Phone: 800-221-6827

<https://www.eastersealshouston.org/>

4888 Loop Central Drive, Suite 200

Houston, TX 77081

Phone: 713-838-9050

Beep Baseball (Fitness)

<https://www.nbba.org/teams/>

Discover Technologies (Technology)

<https://discovertechnologies.com/>

13241 Woodland Park Rd, Suite 610

Herndon, VA 20171

Phone: 800-368-2344

Email: info@discovertechnologies.com

VISOR Program/VA (Training, Devices, Examination-Veterans)

<https://www.houston.va.gov/services/VISOR.asp>

Michael E. DeBakey VA Medical Center

Building 108

Phone: 713-794-7532

Lighthouse (Information, Advocacy, Training, Devices, Products)

<https://www.houstonlighthouse.org/>

The Lighthouse of Houston
3602 West Dallas
Houston, Texas 77019
Phone: 713-527-9561

Christal Vision (Devices)

<http://www.christal-vision.com/>

106 Evans Oak Ln.
San Antonio, TX 78260

Phone: (210) 666-0700 or (800) 299-0700 (Toll Free)

Email: ed@satx.rr.com

Computers for the Blind (Technology)

<https://www.computersfortheblind.org/>

1201 S. Sherman St., Suite 206

Richardson, TX 75081

Phone: 214-340-6328

Email: info@computersfortheblind.org

Touchbase Center for DeafBlind (Information, Accessibility)

<https://www.touchbasecenter.org/>

Phone: 832-877-3333

Contact@touchbasecenter.org

Southwest ADA Center (Accessibility)

www.southwestada.org/Phone: 1-800-949-4ADA OR 713-797-7171

Sight into Sound (Reading)

<http://sightintosound.org/>

Phone :713-622-2767

Email: info@sightintosound.org

Creating with Blind Abandon (Leisure)

<https://creatingwithblindabandon.com/>

Email: creatingwithblindabandon@gmail.com

West Gray Multipurpose Center (Information, Support, Fitness)

<http://www.houstontx.gov/parks/adaptivesports.html>

1475 West Gray

Houston, TX 77019

Phone: 832-395-7333

Catapult (Fitness)

<https://www.teamcatapult.org/>

Email: hello@teamcatapult.org

Sailing Angels (Fitness, Leisure)

<http://www.sailingangels.org/>

Phone: 281-507-1867

Email: DaveMcCabe@SailingAngels.org

Serene Travel (Leisure)

Greg Roberts

Phone: 832-269-8844

Email: info@serenetravel.net

Theatre Under the Stars (TUTS) (Leisure)

https://www.tuts.com/

TIRR (Training)

tirr.memorialhermann.org/

Phone: 1-800-44-REHAB (73422)

UR Gems (Support)

<http://www.urgems.com/>

Phone: 281-886-7781

Email: info@urgems.com

1. **Social Participation**

Lions Club (Assistance)

<https://www.lionsclubs.org/en>

300 22nd St

Oak Brook, IL 60523-8842

Phone: 630-571-5466

<https://www.lionsclubs.org/en/start-our-approach/club-locator>

AT&T (Devices, Technology)

<https://www.att.com/>

Sprint (Devices, Technology)

<https://www.sprint.com/>

Phone: 888-211-4727

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

Blind Veterans of America (Support-Veterans)

<https://www.bva.org/>

1101 King Street, Suite 300

Alexandria, VA 22314

Phone: 800-669-7079

Free Directory Assistance (Devices, Technology)

AT&T: 800-872-3883 [www.consumer.att.com/relay](http://www.consumer.att.com/relay)

Comcast: 800-266-2278 [www.customer.comcast.com](http://www.customer.comcast.com)

Verizon: 800-922-0204 [www.aboutus.vzw.com/accessibility/index.html](http://www.aboutus.vzw.com/accessibility/index.html)

Nu Eyes (Devices)

<https://nueyes.com/>

120 Newport Center Dr. Suite #232

Newport Beach CA 92660

**Phone:**800-605-4033

ORCAM (Devices)

<https://www.orcam.com/en/>

1115 Broadway, 11th floor
New York, NY 10010

Phone: Toll Free - 1-800-713-3741

Second Sight (Devices)

<https://secondsight.com/>

12744 San Fernando Rd, Building 4

Sylmar, CA 91342

Phone: 1-818-833-5060 or 1-818-833-5000

Email: service@secondsight.com

Guide Dogs of America (Guide Dogs)

<https://www.guidedogsofamerica.org/>
**13445 Glenoaks Boulevard**
**Sylmar, CA 91342**

Phone: (818) 362-5834 or (800) 459-4843
Email: mail@guidedogsofamerica.org

Guide Dogs of Texas (Guide Dogs)

<https://guidedogsoftexas.org/>

1503 Allena Drive

San Antonio, TX 78213

Phone:(210)-366-4081

Email: outreach@guidedogsoftexas.org

SE Guide Dogs (Guide Dogs)

<https://www.guidedogs.org/>

210 77th Street East
Palmetto, FL 34221
Phone: 941-729-5665 or 800-944-3647 (Toll Free)

Special Education Advocacy (Information, Support)

<https://www.seadvocacy.com/services>

50 Oak Court, Suite 100

Danville, CA 94526

Phone: (925) 263-1770

Email: info@seadvocacy.com

SKIP typing (Technology)

[https://www.skiptyping.com/#](https://www.skiptyping.com/)!

1510 Eldridge, Suite 110-189

Houston, TX 77077

Phone: 832-554-7563

Email: info@skiptyping.net

GoGoGrandparent (Transportation)

<https://gogograndparent.com/>

Phone: 1-800-464-6872

Email: support@gogograndparent.com

AIRA (App for devices-Object ID, Reading)

<https://aira.io/>

4225 Executive Sq. Suite 400
La Jolla, CA 92037

Phone: 1-800-835-1934

Email: support@aira.io

Be My Eyes (App for devices-Object ID, Reading)

<https://www.bemyeyes.com/>

Seeing AI (App for devices-Object ID, Reading)

<https://www.microsoft.com/en-us/ai/seeing-ai>

Mega Bus (Transportation)

<https://us.megabus.com/>

1-877-GO2-MEGA (1-877-462-6342)

Lions Camp (Leisure, Support)

<http://www.lionscamp.com/>

4100 San Antonio HWY

Kerrville, TX 78028

Phone: 830-896-8500

Email: tlc@lionscamp.com

Lone Star Legal Aid (Accessibility)

<http://lonestarlegal.org/>

Phone: (800) 733-8394

Texas Association for Parents of Children with Visual Impairments (TAPVI) (Support)

[www.tapvi.org/](http://www.tapvi.org/)

1100 W 45th St

Austin, TX 78756

Specialized Telecommunications Assistance Program (STAP) (Safety)

<https://hhs.texas.gov/services/disability/deaf-hard-hearing/specialized-telecommunications-assistance-program-stap>

CapTel (Safety)

<https://www.captel.com/>

Phone: 800-233-9130

Email: captel@captel.com

Houston Area Visually Impaired Network (HAVIN) (Support, Information, Advocacy)

<http://www.havintx.org/>

Phone: 713-825-9108

Email: HAVIN.TX@gmail.com

Houston Area Visually Impaired Network (HAVIN) Support Groups (Support, Information, Advocacy)

## **Blind Buddies**

Meets at Metropolitan Multi Purpose Center, 1475 W. Gray, Houston TX 77019
Fridays 10 AM -12 PM
Contact Paloma Marquez

Phone: 1 (877) 283-399

Email: paloma.e.marquez@gmail.com

**Blind Professionals Network**

Attend a local meeting in Houston, TX or participate on a BPN national conference call via Zoom. BPN conference calls are held every 1st and 3rd Wednesday at 7:00 pm cst via Zoom meetings. Please visit BPN on Facebook to find out about BPN monthly networking events and various professional conference call workshops.
[www.facebook.com/blindpronet](http://www.facebook.com/blindpronet)
Contact Victoria Hillard

Phone: (800) 699-8238

Email: info@BlindProNet.org

**Dan Arnold Center for Vision Rehabilitation/Cizik Eye Clinic Support Group**

Meets: 2nd Friday of the month
10:30 a.m. – 12:00 Noon
Location: 6400 Fannin, Suite 1950, Houston, TX
Contact: Tamara Traber-Occupational Therapist
Email: tamaratraber@cizikeye.org
Phone: (713) 559-5216 or (713) 559-5269
Website: <http://www.cizikeye.org/low-vision-visual-rehabilitation/>

## **Foundation Fighting Blindness-Houston Chapter**

Meets once a month at 6pm via conference call
Contact person: Donna Cohen- regional director
Email: d.cohen@blindness.org
Web site <http://www.blindness.org/local-chapters/houston-tx>

## **Houston Council of the Blind (HCB)**

Meets:  1st Sunday of the month
2:00 p.m. – 4:00 p.m.
Location:  Lighthouse of Houston
3602 West Dallas, Houston, TX 77019
Contact:   Michael Garrett, President
Email:  megarrett4443@sbcglobal.net
Phone:  281-438-9665

## **National Federation of the Blind of Texas – Houston (NFBT-Hou)**

Meets:  3rd Saturday of the month
11:00 a.m. – 1:00 p.m.
Location:  Lighthouse of Houston
3602 West Dallas, Houston, Texas  77019
Contact:   Stacie Hardy, President
Email: stacieandcash@gmail.com
Phone:  713 202-8542

## **The Visually Impaired Advocates (V.I.A.)**

Meets:  Quarterly on 1st Thursday of the month
12:00 Noon – 2:00 p.m.
Location:  Metropolitan Multi-Service Center
1475 West Gray, Houston, TX  77019
Weekly support group meetings
10:30 a.m. – 11:30 a.m.
Location:  Metropolitan Multi-Service Center
1475 West Gray, Houston, TX  77019
Contact:  Minnie Christal, President
Email:  minniechristal@sbcglobal.net
Phone:  281-507-4549
Web site:  <http://www.viadvocates.org/>

## **Visually Impaired People of South East Texas (VIPSET)**

Meets:  3rd Monday of the month
6:30 p.m. – 8:30 p.m.
Location:  Second Baptist Church, North Campus
22770 Hwy 59 North, Kingwood, TX  77339
Contact:  Ron Graham, President
Email:  rgraham@cebridge.net
Phone:  713-825-9108

iBUG (Technology)

<http://www.ibugtoday.com/>

4719 Caroline

Houston, TX  77004

Phone: 832-453-7139

Harris C. RIDES (Transportation)

<https://rides.harriscountytx.gov/pages/default.aspx>

**8410 Lantern Point Drive
Houston, Texas 77054
Phone: 713-368-RIDE (7433)**

Metro Lift (Transportation)

<https://www.ridemetro.org/Pages/index.aspx>

1900 Main St.
Houston, Texas 77002

Phone: 713-635-4000

METROLift: 713-225-0119

Blind Scoop (Information, Advocacy)

<http://www.viadvocates.org/the-scoop/>

1. **Cultural and Environment**

Jewish Family Services (Support)

<https://www.jfshouston.org/index.php>?

4131 S. Braeswood
Houston, Texas 77025
Phone: (713) 667-9336

Email: info@jfshouston.org

Occupational Therapy (Information, Advocacy, Training)

<https://www.aota.org/>

<https://www.tota.org/>

Braille Bibles (Reading)

<http://www.braillebibles.org/>

1908 Plumbers Way Ste 100
Post Office Box 378
Liberty, MO 64069-0378

Phone: (800) 522-4253

**Email:** info@BrailleBibles.org